

### Wednesday July 25

1600-1700 Arrive Kahului Airport from all islands  
1730 Arrive Maui-bus transportation via PKO arrangements to beach house  
1800 Arrive Hale Kukahiko, Mākena beach house, 5034 Mākena Road  
1830 Dinner Program - Welcomes  
**Mea 'ai by Hui No Ke Ola Pono's Healthy Cafe**

**Hui No Ke Ola Pono, Hui Laulima & Healthy Café** (CME .50 hours)

**Speakers: Suzette Kaho'ohanohano, Pomai Konohia, RN & Chef Joe Wilkinson**

**'Ulu & Mai'a – Growing and Eating for your health** (CME .50 hours)

**Speakers: Heidi Leiānuenue Bornhorst, MS**

**'IKE – Integration for Kidney Excellence** (CME .50 hours)

**Speakers: Melissa Moanike'ala Souza, RN**

**Improving Clinical Trials for your cancer patients** (CME .50 hour)

**Speaker: Koa Robinson, MPH – 'Imi Hale – Native Hawaiian Cancer Network**

**Vitamin D Insufficiency in Hawai'i?** (CME .50 hours)

**Speakers: Nicole Apoliona, MD, Kula Hospital**

**Local Response to Healthier Living** (CME .50 hour)

**Speaker: Lorrin Pang, MD, MPH, Hawai'i Dept of Health, Maui District Office**

**'Ai Pono, Ola Pono – Next Steps**

**Speaker: 'Ahahui o na Kauka, Miriam Chang, MD**

**Protect Kaho'olawe 'Ohana, Noa Emmett Aluli, MD**

### Thursday, July 26

0400-0500 Clean up of beach house  
0430 First boat leaves Ma'alaea at 0500, last boat leaves Kīhei by 0900  
1000-1200 Set up camp, kitchen; prepare imu  
1200-1300 Lunch  
**1230-1315 Camp Orientation and ordnance briefing**  
**Speaker: 'Ohana Access Guides**  
**1315-1400 Introductions**  
**1400-1445 Kalo Pa'a o Waiāhole** (CME .75 hours)  
**Speaker: Kalamaoka'āina Nīheu, MD**

**1445-1600 'Ai Pono – Healthy outcomes through Traditional Hawaiian**

**Diets \* ROOTS Project** (CME 1.25)

**Speaker: Herbert Hoe, Kealoha Hoe, Kama Hoe & Sharon Ka'iulani Odom, MPH, RD**

**1600-1700 Archaeological sites walk by PKO**

1700-1800 'Au'au/prepare dinner

1800-1900 Dinner

**Evening Program**

**1930-2000 Imu Practices vary from family to family**

**Speaker: Katie Kamelamela, MS**

**2000-2200 How food policies impact community health** (CME 2.00 hours)

**Speakers: Hi'ilei Dye Hobart, MA, Robin Campaniano, JD & Elise Leimomi Davis, MPH**

### Friday, July 27

0630 'E Ala E on bluff and breakfast

0700 Hike topside (Pu'u Moa'ulaiki, navigational stone, bell stone, Keāliāluna)

**Significance of Kaho'olawe to Polynesian Wayfinding (at Moa'ula)** **Speaker: Kealoha Hoe & Protect Kaho'olawe 'Ohana**

1100-1200 Lunch topside

1500 Back at camp

1530-1700 Hale Mua (nā kāne) and Hale-o-Papa (nā wāhine)

1700-1800 'Au'au/prepare dinner

1800-1900 Dinner

**1900-1930 Nutrition & physical activity – the path to optimal health** (CME 0.50 hours) **Speaker: Sandra McGuinness, MPH**

**1930-2000 Kiawe – it's good for you?** (CME 0.50 hours)

**Speaker: Vince Kana'i Dodge**

**2000-2030 Limu Kala: Fulfillment & Forgiveness**

**Speaker: Christiane Kaulana Lucas**

**2030-2100 Solidaridad – Vieques & Kaho'olawe in 2012**

**Speakers: Eri Oura, Elise Leimomi Davis, Kim Ku'ulei Birnie**

**2100 Mo'olelo Kaho'olawe (awa & kanikapila)**

**Speakers: Protect Kaho'olawe 'Ohana**

### Saturday, July 28

0630 'E ala e/Limu Kala/Breakfast

0700-1200 Work projects: Camp, garden, Alaloa

**1000-1200 Workshop: Hawai'i Natural Farming – Heal the Land, Feed the People** (CME 2.00) **Speaker: Joe McGinn, MS**

1200-1300 Lunch

1400-1500	Everyone needs to want to & be able to grow food (CME 1.00) <b>Speakers: Charlie Reppun, Paul Reppun</b>
1530-1700	'Au'au/prepare dinner/break camp
1700-1800	Dinner
1800	Clean-up and departure instructions Evening program
1900-2000	<b>Summary Presentation: Kaho'olawe - A Model for Healing and Sustainability (CME 1.00)</b> <b>Speakers: Noa Emmett Aluli, MD, Kalamaoka'aina Niheu, MD, Herbert Hoe</b>
2000	<b>Kūkākūkā Facilitated by Protect Kaho'olawe 'Ohana</b>

**Sunday, July 29**

0600-1100	Ka'apuni via Trilogy catamaran to Honokanai'a, on to Maui SHOWERS!
1300	bus pick up for the airport
1600	Departure to Honolulu

<b>Yellow highlights: CME slots</b>
<b>Green highlights: Non CME cultural education slots</b>
<b>Total CME=12.0 AMA Category 1 credit hours</b>

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Hui No Ke Ola Pono and Maui Kauka

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*The Hawai'i Consortium for Continuing Medical Education designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.*

# 'AI PONO, OLA PONO



Presented by

**'Ahahui o nā Kauka**

**July 25-29, 2012  
Maui & Kaho'olawe**